

"Ramayana"

Management of the

Theory of Time

In 3 Pages

Chirag Saiya

Introduction

This book is an attempt to learn Management of the ‘Theory of Time’ based on the laws of life by Nature.

We will start with the epic ‘Ramayana’ and then we will try to link it to various Theories of Time to learn the true secrets of Life Management. All the efforts are clubbed into just ‘3 Pages’ hence we will focus only on the core learning.

Please read it just as a Management Book and not as a comment on any religion or God etc.

It is a sincere and honest attempt to add maximum value and meaning to our current existence as a human being of current age of 21st century, at the minimum possible investment of our time.

It is a small contribution from my end as compared to the entire galaxy of knowledge that can be explored by us. If we get clarity in the universal principles of ‘Life Management’ then we can easily build on it, even by referring to various literatures related to life management based on spiritual intelligence, whether linked to any religion or not or by any other mode, as one may believe into or choose to refer.

As we all say, “Learning is a continuous and never ending process if we try to learn with an Open Mind”. So let’s stick to what we all say!

"Ramayana" and the Theory of Time

Shri Rama: He represents a human being having complete control over his / her ‘Mind’. It also represents a ‘Natural Age’ state of mind.

The Ravana: He represents a human being who has lost control over his / her ‘Mind’. It also represents the influence of extreme ‘Material Age’.

Controlled Mind personalities: They are balanced personalities with clarity in objectives and right vision. Their thoughts, speech and physical actions are positive, constructive, ethical and value adding. They maintain self-control and self-discipline. They aim at serving others in a selfless state of mind. They believe in non-violence, peace, truth and simplicity. They follow sacrifice and forgiveness. They practice mutual help and co-operation. They spread love, respect, good health and happiness to each form of life across the globe. They always keep at peace and are not influenced by anger, ego, deception or greed. They worship work and maintain humbleness. They represent, respect and also follow true laws of life by nature.

Un-Controlled Mind personalities: The one who is opposite of the controlled mind personality.

The War between Shri Rama and The Ravana and the victory of Shri Rama: It represents an eternal ‘Theory of Time’ which starts from ‘Natural Age’ but gradually moves towards ‘Material Age’ where the world at large starts suffering from its negative side effects. When it goes to extreme limits and reaches the peak of ‘Materialism’ then nature has to ensure the rebirth of complete ‘Natural Age’ as a gradual process and finally rebalance the world to ensure its survival and so on. This explains the eternal process of management of the theory of time as per the laws of life by nature. Nature ensures that the world is ruled as per its laws of life and does whatever is necessary to bless e.g. natural resources and to punish e.g. natural calamities.

Let’s try to understand the ‘Theory of Time’ from other aspects:

Economy: In general, as per studies, the economy faces the eternal cycle of economic development from recession to prosperity and then again to recession and so on.

Shares / Stock Market: In general, as per studies, the share market faces the eternal cycle of Bull Run and Bear Run. In between the Bull Run we have corrections and then again Bull Run and vice-versa and so on.

Life: The eternal soul is an invisible living energy which takes birth in a material form of life and then takes rebirth in some other material form on death of the former one, which has no beginning as per the ‘Theory of Karma’, which is based on the principle of ‘Action-Reaction’. It is also believed that a soul that has done positive deeds visits heaven to enjoy extreme material pleasures whereas the soul that has done negative deeds visits hell to suffer from extreme material pains. With the help of ‘Meditation’ we can achieve self-realization and reach the stage of ‘Omniscience’. We, the eternal souls can achieve complete enlightenment by getting complete rid of karmas i.e. material actions caused by thoughts, speech and physical actions linked to our material desires aimed at senses gratification, which keeps the soul trapped in material lives. At the end of such ‘Human life’ the soul enters into the ‘Spiritual Space’ i.e. ‘Salvation / Nirvana / Moksha’ and wins freedom from material pleasures and pains forever.

Let’s try to understand the ‘Theory of Time’ based on various religious teachings:

Christianity: The teachings blessed by the holy soul prophet Jesus Christ includes mentioning of the day of ‘JUDGMENT’ which also means destruction of material existence. (This is just a reference. For complete and exact details please refer to the holy book ‘Bible’)

Islam: The teachings blessed by the holy soul prophet Hazrat Muhammad includes mentioning of the day of ‘QAYAMAT’ which also means destruction of material existence. (This is just a reference. For complete and exact details please refer to the holy book ‘Quran’)

Hinduism: The learning from literatures of Hindu religion includes mentioning of the current extreme ‘Material Age’ as ‘KALI YUG’ which is one of the cycles of the ‘YUG CHAKRA’ i.e. eternal process of the time cycle starting from 1 to 4 and then again from 1 to 4 and so on, according to which the current cycle is the 4th one known as the ‘DARK AGE’. (This is just a reference. For complete and exact details please refer to the holy books on ‘Hinduism’)

Jainism: The learning from literatures of Jain religion includes mentioning of the current ‘Material Age’ as the ‘DUSHAM KAL’ which is one of the form of ‘AARA / KAL CHAKRA’ i.e. eternal process of the time cycle starting from 1 to 6 and then again from 6 to 1 and so on, according to which the current cycle is the 5th one in the time cycle from 1 to 6 which is known as the ‘PAINFUL AGE’. (This is just a reference. For complete and exact details please refer to the holy books on ‘Jainism’)

The above analysis is just an unbiased attempt to find a link between few religious teachings to learn the Theory of Time. There is no intention to test or verify or evaluate them. There is also no intention to comment on them, whether they are true or false. In fact the efforts are made to learn from all of them. They teach SIMILAR life management principles based on the spiritual laws which are universal in nature. However we humans misinterpret them and lose the beauty of its essence by fighting with each other in the name of a religion or God.

In today’s commercial world, no one can deny the fact that the more we are developing, the majority of us is turning selfish, short visionary, inhuman and evil. We are unnecessarily compromising with the values, principles, discipline and ethics which are required to build a beautiful world with long term sustainable growth and ever increasing peace, good health and happiness for all forms of lives forever. [Let’s try to analyze the current situation of 21st century:](#)

Human brain has got mainly three quotients:

- IQ: Intelligence Quotient
- EQ: Emotional Quotient
- SQ: Spiritual Quotient

Majority of us concentrate just on IQ and EQ. The mind functions in two ways Viz. Conscious and Sub-Conscious. The mind has two ways of thinking Viz. Left Brain (mainly IQ Based) and Right Brain (mainly EQ and SQ based).

We intelligent and biased emotional humans are trapped by the deceptive intelligence by concentrating only on the conscious mind and left brain thinking process. We, the commercial world of 21st century are not fully aware of the power of ‘Spiritual Intelligence’.

We have such a beautiful earth to live. What are we giving it in return?

We are causing extreme pollution, massive waste products, global warming and depletion of natural resources etc.

We have such a wonderful opportunity of living life as a human being. What are we doing in return?

We are causing religious bias, wars, terrorism, riots, murders, power games, corruption, bribing, frauds, black market, smuggling, scandals, crimes, gambling, robberies, kidnapping, rape, sexual harassment, prostitution, racism, inequality, quarrels, family splits, cheating, divorces, intoxication, consumption of drugs, adulteration of food, fake medicines, counterfeit products, extreme materialism, increasing gap between rich and poor, beggars and killing of animals and birds for food / consumables etc.

All such psychological, emotional, behavioral, personal, professional, social, economical, political, ecological and environmental issues are increasing at an alarming rate which take away peace and happiness from our lives and also cause deterioration of our mental as well as physical health.

The time has come to be serious about the future which we all are defining for ourselves including our next generations to come. It will also benefit our own self during the journey of our soul in various lives, in different material forms, having different characteristics until we achieve salvation.

To worship God is to be God. To be God is to be Good. To be Good is to follow Godliness. Let's take up the collective charge of God and contribute to spread Non-Violence, Peace, Truth, Simplicity, Good Health, True Success and Real Happiness across the globe for all forms of lives and move towards our Salvation.

Majority of us believe only in material comparison which leads to jealousy and so we compete with each other to satisfy our egos. Thus indirectly we are competing with God because at the end we all are representatives of God i.e. “Nature”. Let's try to maintain neutral and indifferent state of mind to the influence of extreme material environment. Learn to feel happy through satisfaction by keeping our true inner self, the soul detached from material illusions. Follow the golden principles of love, help, respect and co-operation because power is not a thing to be owned but it is a responsibility to be shared. We all have limited time and power as a human being. Now it is upon us to decide the way in which we want to invest it.

Let's be smart and not just fake intelligent. Let's unite and contribute for our own well-being which is possible only by collective well-being of all forms of lives across the world. Simplicity is real Smartness. Too much consumption and materialism is illusory intelligence.

We may choose to live a valuable life or just spend it worthlessly. We should find a balance between our personal, professional, social and spiritual goals.

Though we can not change the eternal theory of time as defined by nature, we can at least try to reduce its impact for many who will choose to be SMART!

Thank You

I have tried to put in the best efforts to pen down my message in just ‘three pages’ but in a way which is most transparent and easy to understand to do justification with your precious time!

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“Happiness can not be owned, share it to feel it”