

***Life beyond***

***Money & Development***

***It's Life of***

***Happiness & Satisfaction!***

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# Entrance to the world of Happiness

I am happy to see that you appreciated the fact that there can be life beyond Money and Development or at least you thought that there could be some message in this book. I would like to thank you for the same.

But before you read this book I want one commitment from you and that is “You are ready to digest the extreme level of happiness and satisfaction that you will get the moment you finish reading this book i.e. you are ready to LEARN AND CHANGE with an OPEN MIND!”

So, shall we start or end it here itself?

**YES!**

Obviously Yes, there cannot be any stop to happiness.

We start feeling happy the moment we feel satisfied and we feel satisfied the moment we are happy!

Feeling Confused.

Please do not be. Let us all make an honest attempt to find a solution for eradicating all our problems and worries, to the maximum extent possible, forever.

First and obviously above all let us thank God (Nature) who with his blessings helps us to try to get solution to all our worries and confusions about life. If we get some solution to understand the true secret of happiness then please take a moment from your life to thank God (Nature) for helping us to be happy. The only way to thank God (Nature) will be to spread the secret of happiness to the entire world and making it easy for God (Nature) to bless and love all. This will allow us to live a meaningful life and above all it will help the world to SURVIVE!

Throughout this book, we will deal with and take examples of **Set A** and **Set B** kind of people by their characteristics.

### **Set A:**

Majority of the Set A people feel unhappy and dissatisfied. Many of them do not believe in following any ethics, values and principles in their lives. Few of them are evil minded. Few of them are confused and direction-less. They are the ordinary humans. They are many. They are not able to maintain a balance between the Materialistic and Spiritual goals in their lives. They are greedy and hence cannot understand the power of simplicity. They are trapped by their own ego and desires. They are not trustworthy because they are selfish. They feel jealous when they see others happy. They believe only in materialistic comparison and competition.

They cause harm not only to others but also to their own well-being and health along with peace of mind and happiness.

### **Set B:**

They move in the right direction with correct approach in their lives. They are extraordinary humans. They are very few in number and hence very precious because they are close to God i.e. Nature. They maintain the balance between Materialistic and Spiritual goals in their lives. They possess the most wonderful weapons of simplicity, truth, peace and non-violence. They have control over their emotions and psychology and hence they enjoy freedom from the slavery of ego and endless material desires. They are selfless and hence trustworthy. They believe in mutual help and cooperation. They feel satisfaction in helping others.

They are the people who are always at peace and satisfied. They spread real happiness to all forms of lives across the globe. They are all representatives of the God (Nature).

The thoughts which we are going to discuss are very few and much obvious ones but they have a great impact on everyone's life. The only thing is that **Set A** people never allow us to learn it OR may be we just ignored it. It will require an investment of just around thirty minutes out of our entire life and in return we will get the best opportunity in our life, which is to convert the earth into heaven and to invite God (Nature) to live with us; right here, right now!

Here is the beginning of our journey to create the heaven, which is just around thirty minutes away from us.

**Welcome.**

# What is Life?

Human life means a physical living being, which can live only by breathing and eating food including water. The birth and death cycle is applicable to the material forms of lives, which is temporary in nature. It is the SOUL which is trapped in the birth-death-birth cycle in various forms of temporary material lives, at various material planets Viz. Earth, Heaven and Hell.

There is neither any start nor an end to the existence of soul, which is a kind of invisible energy that runs through various journeys of lives in various material forms.

The soul is eternal. The soul takes birth in a form of life and then takes rebirth in some other form of life on death of the former one, which has no beginning as per the 'Theory of Karma'. The Theory of Karma (Deeds / Actions) is governed by the Laws of Life by Nature. The soul can achieve FREEDOM from '.....birth-death-birth.....' cycle on achieving Salvation / Moksha / Nirvana.

'Meditation' helps in 'Self-realization' and makes us 'Omniscient'. By the end of such 'Human Life' the soul clears the balance of 'Karma' of material pleasures by practicing 'Sacrifice' and pains by 'Forgiveness' and finally enters 'Spiritual Space' on death i.e. our liberation from all the pleasures, pains and formalities attached with the material forms of lives at Earth, Heaven and Hell; which again has no end.

As we all know that human beings are not the only ones who have life on this planet. All animals, birds and vegetables i.e. fruits, plants and trees etc. have lives too. In fact even the elements like earth itself i.e. sand / minerals, fire, water, air and elements that generate sound are living elements.

So now who decides who will become what? Even within a category of life who decides who will be born with physical disabilities and who will be born normal? Therefore by that sense every life should get opportunity to visit all permutations and combinations otherwise it will be justice to some and a huge injustice to others. It explains that the concept of 'Re-Birth' prevails based on the Law of Karma.

Thus it also explains the eternal nature of soul. What happens to a body on death? Why it stops functioning? This proves that life is not the body. Life is something else which was running that body before its death i.e. each individual eternal soul, which gets transformed to some other form of life on death of the previous form of life.

Thus the true life is the eternal soul, which can be termed as an invisible living energy that experiences the material pleasures, pains and formalities associated with the material forms of lives until it succeeds in achieving salvation.

The characteristics of the new form of life given to us i.e. the individual eternal souls; depends on our own actions until previous lives and so on. Nature evaluates our actions during a life and accordingly decides our form and attributes in the next life as per the Theory of Karma, governed by the principle of 'Action-Reaction'. Life is managed as per its laws by nature, an eternal automated life management system.

**Set A:**

Life is only about making exorbitant Money to enjoy all Luxuries in life. Life is to rule through Power and Authority and to earn Fame etc.

Do they sound selfish? Obviously Yes.

**Set B:**

Life is to achieve balance between the Personal, Professional, Social and Spiritual goals. Life is all about managing and controlling senses, desires, thoughts, speech, actions, emotions and psychology to achieve real and permanent success by leading life in a detached way i.e. to understand and manage the difference between the goals related to temporary body and eternal soul.

Life is to ensure that we do not cause any harm to other lives, to the maximum extent possible e.g. to live we all need to eat. However we can choose to eat only Veg. food so that we cause lesser harm to other lives. Non-Veg. food is more sinful because Non-Veg. food items enjoy higher senses and powers than Veg. food items.

Life also includes managing other material requirements but keeping in mind the concept of simplicity to ensure peace and good health for all to achieve true happiness by keeping away from dissatisfaction at any given point of time.

Does not the thought of it alone make us feel fresh and happy? The Set B approach can help us to get closer to salvation.

Life is a journey to be lived until death. We never apply for either birth or death!

However we are the owners and we can decide the way in which we want to live our life. Let us ponder on the thought "Where am I investing my entire time and energy?"

Is it in meeting the needs of the people who fall in Set A category or Set B?

Let us be honest in answering this question to our own inner self.

Now think, What does keep us busy? Is it something what God (Nature) actually expects from us? Does it require us to put in a lot of efforts to look after the requirements of Set B people?

Obviously the answer is No! Nature has already created a lot of it, for all of us. We are here just to respect it and take care of the same.

If Set A needs are not that serious to be worried about, will it not solve more than half of our worries?

The answer is "Yes". Do think about it!

# What is Money?

Let us answer following questions:

“Do we get birth along with money?”

“Can we at-least carry the money along with us when we finish the journey of life?”

No!

Then why is majority of us is just worried about making more and more money throughout our lives?

Let us have a small conversation:

**Set B to Set A:** “How does money help us?”

**Set A to Set B:** “Well, to live we need money; like for food, clothing and shelter etc.”

**Set B:** “Agreed. But you have all these things since many years then why do you continue to have ONLY ONE SINGLE GOAL of making more and more money?”

**Set A:** “Well I want success and happiness; so I need more money for that”

This is where the problem lies. We all think that we want huge sum of money because we want to be happy, but actually money alone cannot help us to become happy. In fact it is making us more and more upset every passing day because we want more money than what we already have at any point of time.

Does it sound true? Ask this question to yourself.

Nature created all resources and gave it to the entire living society at no cost! Now how would we go on deciding who will own what? So there was no option left for humans but to start with a concept called ‘Money’ to enjoy these resources in exchange of the same under the human made structure of ‘Economy’.

We have forgotten that money is a support to life as defined by human beings as per structure of ‘Economy’ and it is NOT THE ONLY GOAL of life.

**Life is to live and not just to spend.**

No doubt money is required by each one of us to manage our material lives. However money alone can never be the end solution to anything because happiness is a state of mind where we feel satisfied about some thing. Just adding on money will always lead to addition of things without which we could have anyway led a satisfactory life but our psychology is not allowing us to accept that fact. We keep ourselves busy in endless materialistic ‘Comparison’ and ‘Competition’ because of our sick emotions of ‘Jealousy’ and ‘Ego’. We need to find a balance between Material and Spiritual goals.

The Solution is ready:

“Do not plan your expenditure first and then struggle to earn for it, but first earn and then plan how you want to spend it”.

I am sure that you will feel more satisfied and happy this way.

Let us discuss the above philosophy with an example:

**Set A:**

I have a big flat but I want a bungalow. I have a car but I want my own airplane. I have powers to rule but I want more..., more... and more.

**Set B:**

I have a beautiful house to stay in with a loving family and I am proud of it. Currently I do not own a luxury car but it does not make me feel unhappy. In all I have the most wonderful and healthy life to enjoy with complete satisfaction, peace of mind and happiness and it will keep improving as a gradual process.

So now who is falling short of money? Obviously **Set A**. This simply means that people in **Set B** are much happier than people belonging to **Set A** because they feel satisfied and fulfilled even though they continue performing their material duties!

Thus it does not mean that **Set B** people necessarily need to renounce all their material duties and straight away become Saint / Monk. It means that they continue fulfilling their material needs but in a 'Selfless state of MIND' aimed at 'Serving others' by keeping themselves 'Detached' from the slavery of extreme materialism and keeping their soul 'Devoted to God (Nature)' i.e. Godliness.

Remember that "Greed is never Good".

# What is Development?

Can we have output without input?

Never! Development means creating something new from existing resources. All resources used for development by we humans are bestowed upon us by nature. So are we real owners of these natural resources? No. These are those inputs which are not created by any of us. It is a gift of Nature to all living creatures on earth.

We humans have very limited powers. We can only change the form of natural resources under the term 'Development'.

Can we imagine development without destruction?

We are destructing natural resources at an alarming rate under the wrong impression that we are developing things faster.

'D' stands for 'Development'. It also stands for 'Destruction'.

Nature gave us life with merely two basic needs:

1. Breath
2. Food including Water

We added few more basic needs under the human made structure called as 'Society':

1. Clothing
2. Structured shelter

However apart from the above mentioned needs including other routine requirements; we selfish, greedy, competitive and shortsighted humans are also running blindly for all kind of material pleasures by surrendering to our never ending desires for senses gratification and to satisfy our sick emotions of jealousy and ego.

Through the existing development we achieve further scope for more development and this will have no end until all natural resources will perish. At that point we might just be worried about our need for and may be even the question of availability of oxygen, food and water; all other things will be of least importance.

Thus some of the developments of today are adding to destruction for tomorrow. However I DO NOT MEAN that we should completely return to 'Stone Age' and stop all developments. In fact I am able to write this book because of one of the technological development and anyone across the globe can access it through Internet.

WHAT I MEAN over here is that we should ensure protection to environment and plan balanced growth. We should also ensure that development do not create any negative impact over human emotions and psychology.



We should try to understand and accept the fact that we are responsible for overall betterment of life on earth. We should not be selfish to give importance only to endless human desires for material pleasures.

We should have a long-term vision to ensure ever lasting growth and success along-with peace, good health and happiness for all forms of lives across the globe, forever.

Development should not lead to a situation which causes harm to environment, health and peace for all forms of lives. Before going ahead with any development it is very important to evaluate its negative impact. It should be planned in a way that ensures minimum negative effect or say no negative effect on economy, ecological balance and human psychology.

We first create need for those things which are actually not required and then we waste all our time and energy in creating and acquiring those unwanted things and continue to feel the desire and need for more.

**Set A:**

I am living just for developing irrespective of its long-term impact or side-effects.

**Set B:**

I am developing for a better living because I believe in constructive development.

Which is the better way of living life?

Why should we waste resources when we can actually do without them?

So let us think based on long-term impact, maturity, rationality and reality as a true God's (Nature's) representative before wasting any valuable resource.

Learn two golden principles:

1. Neutrality
2. Indifference

The day we will win over our own psychology by leading life towards achieving Neutrality and Indifference to the trap of artificial materialistic environment due to endless desires, all our needs for unwanted imbalanced development will collapse.

It will give birth to a new world with balanced material growth and development to ensure that the world continues to be the best place to live in forever.

It will save our natural resources and will bring down pollution and waste products. It will help to reduce diseases and social problems associated with excess inequality. It will also help to deal with many issues related to economy like high inflation etc.

Neutrality has no shape, no color, no religion or no nationality. So also indifference has neither an owner nor a competitor.

Both of these qualities do not know the meaning of materialistic comparison, jealousy, negative competition, ego, anger, sadness, inferiority, insult, fear, insecurity, stress, depression and all such psychological and emotional problems, which never exist in reality but we humans have defined them for our own harassment.

You commit yourself to Neutrality and Indifference towards destructive and deceptive extreme materialism; I promise that you will get a solution to many of your problems the next moment itself, on your own!

Thus it will promote good health, peace, success and happiness throughout the globe.

Let's try it out.

# What is Nature?

'Nature' is the automated system that manages the eternal laws of life.

We are all just the followers of the laws of life by nature.

Who decides our birth? Who decides our powers? Who decides our death? Why we can not breathe inside water? Why can not a fish breathe in open air? Who decides natural calamities? And so on...

We have to accept and also respect the fact that the laws of life are managed by nature which is based on our own past actions as per 'Theory of Karma (Actions / Deeds)'.

We feel that we are the owners of nature and we can change anything and everything as we please. Day by day we are moving forward towards our own destruction by going against the laws of nature.

## Set A:

I own everything. I am here to do whatever I please. I have full right to go against the principles of nature and misuse it.

## Set B:

I am God's (Nature's) representative. I respect principles of nature and I am here to protect it.

Let us discuss the above philosophy with an example:

People belonging to **Set A** can find out medicines but they can never find a solution for stopping diseases from coming into existence.

**Set A** will first develop medicine and then earn money to buy it. When **Set A** falls sick he / she buys the medicine from the very money he / she has earned for it and feels great because he / she has money to buy medicine to cure him / her from illness.

However people belonging to **Set A** are wrong because here people of **Set B** i.e. God's (Nature's) representatives will never fall sick in the first place. So do they actually need that money and those medicines? No.

The reason is that they take care of nature and so they are blessed by nature, which is represented by our belief in 'Blessings of God (Nature)'. **Set A** is under the wrong impression that they won against nature, but in actuality it was nature only who decided that **Set A** would fall sick and **Set B** would not.

Let me clarify here that I DO NOT MEAN that medicines are of no use or **Set B** does not require them at all. Even they may fall sick but the example I have given is keeping in mind the impact of imbalance which we humans have created due to our

own short-term vision for life and the wrong way of defining success and happiness which is based only on material pleasures and enjoyment of luxuries.

We have forgotten the most valuable spiritual values and principles to live life in a detached way with the objective of serving others in a selfless state of mind while also managing our material needs.

The increase in sea levels due to global warming, the thinning of ozone layer due to excess pollution, the spread of diseases etc., all such problems are invited by no one else but we humans. We cannot blame nature for causing natural calamities because it is the responsibility of nature to react in a correct way to our wrong actions.

'Laws of life by Nature' are the final universal authority, which is represented by the thought of 'God'. Our belief in different names and / or forms of God (Nature) based on different religions to which we belong, is just a thought that defines values, principles, ethics and right practices. Few human beings represent the thought of God (Nature) by spending their entire life in spreading the secrets of real and infinite success, peace and happiness for all forms of lives across the universe!

So now which set of people would you like to belong?

**Set A:**

The one who first spoils the nature and then actually falls sick and feels great about it because they were able to cure themselves with the medicines they produce, by spending the money they earned by causing destructive development for their own harassment and troubles and also to create the same for others.

Or

**Set B:**

Respect nature and care for it. Also take care of the God (Nature) inside you i.e. your health, peace, values, ethics, principles and try earning neutrality and indifference to the trap of extreme materialism to benefit all for eternal success and happiness along-with good health and peace.

# What is Health?

I am not sure how many of us remember that there is a word known as 'Health'.

'H' stands for 'Health' and it stands for 'Happiness' too.

Let me quote a very famous philosophy "Health is Wealth".

## Set A:

What is this 'Health'? Anyway, I am very busy earning money and so I cannot afford to waste my time on all these petty things.

## Set B:

Health is a way of giving respect to God (Nature) by maintaining and improving it. We have to maintain and care for the health of each living creature across the globe including ourselves, to the maximum extent possible.

We all are owners of our own health. One's respect to his / her health, in general, also has an equal and parallel effect on other's health as well.

We are born as human beings, who have higher mind power than other forms of lives. Always remember that "Power brings Responsibility". Therefore our first and highest responsibility should be to respect the 'Health Management' of all living creatures including humans across the globe.

We keep struggling only for money and material development throughout our lives which affects our health and that of others as we ignore it. Then when we suffer from bad health we struggle to maintain our health by spending the same money.

Did the money we earn solve our problems or is it the very cause of those problems?

Let us understand this with an example based on 'Cause - Effect' relationship:

## Set A:

Cause: To give importance only to earning money and development and forget that we are responsible for health management of all living creatures including us.

Effect: Income	:	xxxxx
Health	:	Very Poor
Pay for troubles	:	xxx
Net Happiness	:	xx, only in monetary terms

**Set B:**

Cause: To give priority to health management and then to money and development.

Effect: Income	:	xxx
Health	:	Best Possible
Pay for troubles	:	x
Net Happiness	:	Boundless real feeling, which cannot be evaluated into monetary terms

We do not have to invest a lot of our time, energy and money in precautionary Health Management. It hardly requires any efforts from our side. It is quite simple and manageable along-with our routine day-to-day life.

Now it is upon us to set priorities in our lives and decide where we want to invest our precious time and energy and the extent to which we should give importance to different roles in our lives.

We can decide to become selfish and at the end spoil our own life and of others or we can decide not only to maintain our own good health but also to allow others to ensure the same.

# What is Happiness & Satisfaction?

Happiness is the most wonderful gift of life. However not everyone is able to realize and experience it. The reason being many of us do not know how to define it.

Let's try to do so.

## Set A:

Happiness is all about money, power and fame. That's it!

## Set B:

Happiness is all about achieving satisfaction, maintaining good health, having peace of mind, to worship Godhead (Nature) by practicing Godliness i.e. making others feel happy by our good efforts to spread love.

It also includes education, career, money etc. to manage our day to day material life within the man made boundaries termed as 'Society' and 'Economy' and to meet one's own rational level of 'Satisfaction'.

Happiness and Satisfaction go hand in hand. Both are the two sides of a coin simply made for each other. One cannot exist without the other.

Here comes the role of 'Psychology'.

We all have a unique psychology, which makes us all think, talk and act differently. However, today many of us are losing control over our own psychology / emotions.

What has happened to our 'Mind'? Why are we turning evil? Have we ever thought about this? The reason is that we all get wrong guidance. We are on the wrong path. Our goals of life are too inhuman and unnatural.

What are we struggling for in actuality? Is it money, power, sense of ownership over natural resources / natural creatures other than human beings or in some irrational psycho cases even over human beings? Are we turning into devils and trying to rule and fight against the laws of life and nature itself?

Nature bestowed upon us such a wonderful and enjoyable gift of earth. What are we giving it in return?

We are causing only pollution, waste and huge population etc.

We got such a wonderful experience of living life as a human being and what are we doing with it?

We create and promote religious bias, wars, terrorism, power game, corruption, materialistic comparison and extreme competition etc.

Do we have a 'Goal Sheet' for our lives?

Majority of us have only few common, obvious and routine goals to be achieved like success in education and career, money-making, getting married, having kids, then again planning for kid's education, their future and finally retirement planning etc. In addition to these obvious goals, some have higher goals like accumulation of enormous wealth, power and command.

We can define all these goals in a single word, which is 'Consumption' because all these goals ultimately link to consuming something or the other.

In today's world which is biased only towards blind run for materialism as a part of the deceptive rat race, extreme consumerism alone has become the most important and the only goal of everybody's life.

Why do we need so much of 'Consumption'?

Should we not manage our own psychology or should we let the external artificial environment to misguide and rule us, which is leading towards our own destruction?

Our psychology has become totally consumption driven. The word 'Satisfaction' is lost somewhere in the cutthroat competitive environment created by us.

Thus we spend our entire life without actually achieving something very great and extraordinary apart from our routine day-to-day life, which can add true value to the world at large for eternal bliss.

Why do we need terms like 'Fear' or 'Insecurity'?

Where there is no fear, there is happiness. We are responsible for our own happiness. It is only we who can make us feel happy and no other factor or person can and even should be deciding whether we ought to be happy or not.

The feelings of fear and insecurity are not pre-existing. It is we humans who gave birth to these kinds of feelings. What is it that scares us or makes us feel insecure? They are just feelings and nothing more than that. All the inhuman and unnatural things we are doing to solve it is actually increasing the same negative feelings for ourselves and others.

We always train our kids 'to compare' and 'to compete' with others. So indirectly we are asking them to compare and compete with God (Nature) because in the end we all are representatives of one God (Nature).

We are not enemies of each other. Hence the first thing which we should make our kids understand is to become 'Neutral' and 'Indifferent' to the outside material environment. Teach them to love, care, help, respect, cooperate, sacrifice and forgive because 'Power is not a thing to be owned but it is a responsibility to be shared'!

We all have limited time and power and it is only we who can decide for ourselves how and in what we want to invest it.



**Let us all shout loudly “I AM HAPPY”**

**Ask everybody to shout on top of his or her voices “WE ALL ARE HAPPY”**

Let us all say “We are here to be happy by making others feel happy and to feel the highest level of satisfaction and achievement from it.

We own our psychology and we own our thoughts, speech and actions too. We are not here to get biased and misguided by the deceptive psychology created by few evil minded people by taking help of external man made artificial environment. God (Nature) is within us and we are here to rule our own mind and we will not allow any one else to control it.

We have only two goals in our life i.e. Happiness and Satisfaction, which can be achieved only by two golden principles of Neutrality and Indifference towards the materialistic environment. These two factors are our ultimate powers to win freedom from the slavery of endless material desires and to achieve ever lasting success.

We deserve only happiness and not troubles. So why should we waste our time and energy in getting troubled rather we should invest it in achieving happiness. Only we can decide for ourselves whether we are happy or not and no one else can do so on our behalf. God (Nature) is always there to bless and take care of us.

We are here to spread love and happiness and not to fight against nature and turn evil. We are here to protect nature and not to own it. We are here to make God (Nature) happy by ensuring that all feel happy because at the end each one of us is God (Nature) because we all represent God (Nature)”.  
**IT IS NOT TOO LATE. WE CAN STILL BRING A MASSIVE DIFFERENCE TO THE ENTIRE WORLD AND CONVERT IT INTO HEAVEN. LET US TRY TO WIPE OUT THE DIFFERENCE BETWEEN EARTH, HEAVEN AND HELL. LET THERE BE ONLY ONE PLACE LEFT AND THAT IS HEAVEN WHICH IS NOWHERE ELSE BUT RIGHT HERE ON OUR EARTH ITSELF.**

**BUT THE ONLY THING WE NEED TO DO TO MAKE IT HAPPEN IS TO GIVE A NEW BIRTH TO EARTH. LET US GIVE A NEW BIRTH TO GODHEAD (NATURE) BY GIVING A NEW BIRTH TO OUR OWN SELF. LET OUR EARTH BECOME LIKE HEAVEN.**

**RIGHT NOW.**

**RIGHT THIS MOMENT ONWARDS!**

# Thank You

The views mentioned in this book are based on the universal Laws of Life by Nature. This book is an attempt to spread the factual secrets of happiness leading towards true success and real peace for all forms of lives across the universe, forever!

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Chirag Saiya  
Speaker & Writer

“Happiness can not be owned, share it to feel it”