

"Bhagvad Gita"
The Best
Management Book
In 1 Page

Chirag Saiya

Introduction

This book is an attempt to bring our focus on true essence of learning from “Bhagvad Gita”.

We come across so many differences in opinions for its interpretation due to which we miss out true message from it.

We will focus only on real learning from “Bhagvad Gita” to understand the core message behind it in just ‘1 Page’.

The views mentioned in this book are neither influenced from any religious beliefs nor based on direct reference to any particular God. Please read it just as a management book and not as a direct comment on any religion or God or anything and everything that is directly linked to various literatures for interpretation of “Bhagvad Gita” or for that matter anything which may even indirectly link to anyone’s religious beliefs etc.

It is a sincere and honest attempt to add maximum value and meaning to our current existence as a human being, in the minimum possible investment of our time by taking help of “Bhagvad Gita”, one of the most wonderful books.

It is a small contribution from my end as compared to the entire galaxy of knowledge that can be explored by us. If we get clarity in the universal principles of “Life Management” then we can easily build on it, even by referring to other literatures available on “Bhagvad Gita” and / or from other books whether linked to any religion or not or by any other mode, which is related to life management based on spiritual intelligence, as one may believe into or choose to refer.

As we all say ‘Learning is a continuous and never ending process if we try to learn with an Open Mind’. So let’s stick to what we all say!

The “Bhagvad Gita”

Five ‘Paandavas’: They represent our ‘Five Senses’ Viz. touch, taste, smell, sight and hearing. (We also have other powers e.g. to think, to speak and to walk etc.)

Numerous ‘Kauravas’: They represent our never ending ‘Material Desires’. Material Desires lead to ‘Material Pleasures’ and ‘Material Pains’ to be experienced by the soul through various forms of ‘Material Lives’ on various ‘Material Planets’ Viz. Earth, Heaven and Hell.

Shri ‘Krishna’: He, as the charioteer represents our ‘Mind’ i.e. the ‘Director’ of our life. The soul is linked to body through Mind.

The Chariot with Four Horses and Two Wheels: It represents that the charioteer of life i.e. the mind has to control ‘Anger’, ‘Ego’, ‘Deception’ and ‘Greed’. It is to ensure Non-violence, Peace, Truth and Simplicity. The two wheels represent ‘Sacrifice’ and ‘Forgiveness’.

Kurukshetra: It is the field of battle i.e. our current form of life as a ‘Human being’.

The War: It represents the war which ‘Five Senses’ have to fight against ‘Material Desires’ for detaching the soul from material pleasures and pains. The control of mind over five senses enables the soul to get enlightened for its spiritual growth. ‘Meditation’ helps in self-realization to detach the soul from trap of ‘Karma’ related to material pleasures and pains, caused by ‘Material Actions’ through Thoughts, Speech and Physical Actions, either directly or indirectly.

Conversation between Shri ‘Krishna’ and ‘Arjuna’: It represents the ‘Learning Process’ which we have to undergo to learn true ‘Spiritual Principles’.

The Victory: We, the eternal souls have to win over our material desires by controlling our senses, which are directed by the mind. We have to detach our own self i.e. the soul, from material pleasures and pains as applicable to our material form of life, which is currently as a human being on one of the material planets called as ‘Earth’. When the soul achieves “Omniscience” then it becomes completely enlightened. Such soul gets relieved from the birth-death cycle, into various material forms of lives, spread across various material planets. At the end of such ‘Human life’ the soul enters into the ‘Spiritual Space’ i.e. it achieves “Salvation”. It is also called as “Moksha / Nirvana” etc. in different languages. Thus the soul wins freedom from material pleasures, pains and formalities attached to the material forms of lives forever.

Explanation of ‘Life’:

The true life is the eternal soul. Soul is an invisible living energy. The soul takes birth in a material form of life and then takes rebirth in some other material form on death of the former one, which has no beginning as per the ‘Theory of Karma’. The theory of karma is governed by the ‘Laws of Life by Nature’, which is based on the principle of ‘Action-Reaction’. The completely enlightened soul can win freedom and separate itself from the slavery of material forms of lives forever i.e. Salvation. To become ‘completely enlightened’ means to get rid of karma that traps the soul in material pleasures and pains. Salvation is the peak of spiritual growth. It is the ultimate peace and happiness for the soul out of its permanent liberation from the slavery of temporary material forms of lives on material planets Viz. Earth, Heaven and Hell.

Thank You

Each soul deserves to be God if that soul follows the true spiritual development principles i.e. Godliness to win liberation. To worship God is to be God. To be God is to be Good. To be Good is to follow Godliness! Let's take up the collective charge of God and contribute to spread Non-Violence, Peace, Truth, Simplicity, good Health, true Success and real Happiness across the globe for all forms of lives and move towards our salvation!

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“Happiness can not be owned, share it to feel it”